

Paediatric Physiotherapy

Paediatric physios are key in helping children achieve the optimal quality of life by promoting function and participation. They are experts at assessing and treating children with movement difficulties to help enhance their independence and progress motor skills through facilitation techniques and exercises with goal focused fun sessions.



Providing specialist
paediatric physios

Why Recommend PhysioComesToYou?

The Team

The team are highly specialist paediatric physiotherapists and members of the APCP. They provide a high standard of assessment and use evidence based treatment to care for babies, children and teenagers. Our team have extensive experience working with a wide range of conditions including:

- **Neurological** - CP and pre/post SDR
- **Neuromuscular** - including DMD and SMA
- **Orthopaedic** - fractures, positional talipes, Erbs palsy, torticollis, plagiocephaly, perthes
- **Developmental Delay**
- **Musculoskeletal and Sports Injuries** - back and joint pain, hypermobility, soft tissue injury, gait
- **Respiratory** - CF, bronchiectasis, long term ventilated children

Convenience

- Able to cover all of London within M25 and nationwide
- Able to offer weekend and evening appointments
- Children able to be seen at their home, school or nursery
- Full time administration staff supporting patients
- No hassle or cost of organising other child care for mothers
- Children do not have to be taken out of school for physiotherapy

Increased Patient Compliance with Physio and Exercises

- Patients taught exercises in their own familiar environment therefore easily continued between physiotherapy sessions
- Children's parents and carers are taught the exercises
- Treatment plans and goals set for every patient
- Exercise equipment provided for patients to keep at home
- Concise easy to follow illustrated exercise programmes provided

Proven Effectiveness

- Our work is research based - outcome measures are completed at start and end of treatment and results recorded and analysed
- Regular liaising with consultants and regular update reports written
- Regular feedback acquired from patients

