

What is...

Cerebral Palsy

Cerebral Palsy is a condition which arises due to an injury to the brain or abnormal brain development. It can occur before, during or after birth and in early childhood. Cerebral palsy affects people differently. In general there are 3 main types - spastic, dyskinetic and ataxic. It can cause difficulties in controlling muscles and movements, sensation, understanding, communication and behavior. Cerebral palsy itself is not progressive; the injury to the brain does not change. However, the effects may change over time due to the growth of a child.

Providing
specialist physios in
Cerebral Palsy



Did you know?

Cerebral Palsy affects 1 in every 400 children in the UK

Approx. 1800 babies are diagnosed with Cerebral Palsy each year (1)

Spasticity is present in 75-88% of people with Cerebral Palsy (2)

What is the role of Physio?

Paediatric physios are key in helping a child with CP achieve the optimal quality of life by promoting function and participation. They are experts at assessing and treating children with movement difficulties to help enhance their independence and progress gross motor skills through facilitation techniques and exercises with goal focused fun sessions.

Physiotherapists assess and treat children with cerebral palsy using the following techniques and knowledge base:

- Techniques to influence and inhibit abnormal tone
- Extensive knowledge base of normal childhood development
- Strengthening through play
- Hydrotherapy to provide a fun treatment environment aimed at strengthening
- Walking analysis and orthotic advice
- Handling and positioning techniques
- 24 hour Postural management knowledge base
- Extensive equipment knowledge to ensure good posture in standing, sitting and lying to help promote function and comfort
- Scoliosis, hip surveillance and contracture monitoring

Why use Physiocomestoyou?

- Highly specialised paediatric physiotherapists experienced in treating children with cerebral palsy
- Able to see your child at home, nursery or school
- Experience in the different classifications (hemiplegia, diplegia and quadriplegia) and movement patterns (chorea, dystonia, athetosis and spasticity)
- Wide knowledge of walking analysis, equipment and orthotic prescription
- All treatment backed up by evidence based practice and research to ensure they are offering the most up to date treatment for children with cerebral palsy
- Can advise on participation with sport and leisure clubs to promote your child's physical and social development
- Work with other health professionals involved in your child's including regular update reports
- Able to advise on referring to the appropriate professionals for botulinum toxin, orthopaedic reviews, neurosurgical reviews and medical management.



My physio makes it fun to do exercises
(Mary, aged 10)



What do we provide?

- Paediatric physios who are able to come to your child's home, school or nursery
- First appointments within 24 hours
- All of London within M25 covered and extending nationwide
- Weekend and Evening appointments available
- No need to arrange child care or take them out of school
- Affordable fees



Contact us

email info@physiocomestoyou.com

or call on 020 7884 0374

or visit us online at www.physio4thekids.com



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